

Brisbane City Hall in earlier times: Editorial — from Helen Dubois

In days long gone, the Brisbane City Hall and King George Square looked like the picture on this post card which I borrowed from my friend Judy. Recently, the City Hall been refurbished at great expense and the Square has also had extensive work done.

The City Hall is the venue for our U3A Brisbane Christmas Function on the 24th November. Have you organised your class and booked a table? Have you thought about coming along without your class? We hope to see there. See page 6 for booking details.

President's Notes: from Marilyn Wagland

These holidays allowed for the refurbishment of Creek St, thanks to the organisation of Peter O'Loughlin who had all the tradesmen lined up ready to move as soon as the

students departed on the last Friday of term.

The enlargement of Room 4 should make it much sought -after and the painting and recarpeting has helped raise our "headquarters" to the standard of Adelaide St.

A much-needed storeroom was also built. I hope you enjoy using the upgraded space.

At Adelaide St, more of the narrow tables have replaced the large plastic folding tables. These certainly take up less space in the classrooms.

We have attempted to provide rooms that are furnished to better suit our classes. With the large number and variety of classes, it is not possible to place everyone exactly where they want to be but with one large room set up exclusively in theatre style, an open space provided for subjects such as drama, recorder group, tai chi, etc and a dedicated art room, we have limited the amount of rearrangement needed somewhat.

The rooms with tables and chairs can be arranged in the configuration that best suits your class. We only ask that you refrain from "borrowing" furniture from other rooms and, if it is necessary to do so, return it

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afterwards. Chairs and tables should not be left in any of the hallways or other public areas.

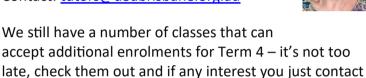
I will be travelling overseas for the next 6 weeks but look forward to catching up with many of you at the Christmas party which our busy Social Committee has been organising. Vice President, Greg Doolan, will be Acting President during my absence.

Our history book *Forever Learning* is almost press-ready and I hope that many of you will support the launch *on* 18 November and that even more of you purchase this book when it becomes available.

BRISBANE CITY CAMPUS

from Gail Hawkins -

Contact: tutors@u3abrisbane.org.au



Monday Classes

the tutor.

X115 Inspiring People – This class will provide members with the chance to share the stories of some of the individuals who have inspired them to make them the person they are today.

F64 Canasta Card Game – This is an opportunity to learn the rules of the game or to polish playing skills in a friendly and supportive environment. This is a double class so provides plenty of time the enjoy the game.

F59 Chess – This friendly group enjoys playing chess and developing skills in a relaxed atmosphere. Players of all levels are welcome. Help will be given to beginners. The double class provides time to enjoy the game.

L62 How to Read and Write a Biography – This class will be in the form of a Book Club to explore how one can write an interesting biography of family, friends or just someone unrelated.

J176 French Internet Class – There are so many French language resources on the internet that we can learn from, Podcasts, YouTube, cartoons, to name just a few. These resources will facilitate practising and developing French conversation skills and have fun whilst doing it.

N14 The Silver Screen – Six Classic Australian Movies – Jim Henry was an executive of the Australian Film Commission and the South Australian Film Corporation. Watch some of his favourite Australian films in full and learn unique insights of the people who made the films.

Tuesday Classes

174 Italian for Beginners – This course aims to provide the ground work in introductory Italian fo people who wish to further their language skills.

F65 Canasta Card Game - This is an opportunity learn the rules of the game or to polish playing skills in a friendly and supportive environment. This is a double class so provides plenty of time the enjoy the game.

B77 Yoga – Through the practice of Yoga, our physical, mental and emotional bodies are brought into balance. This class will follow a DVD which is designed to give the beginner a simple guide to Yoga poses.

Y21 Carl Gustav Jung – Dreams, Symbols, Archetypes – Carl Jung (1875 – 1961) His works have been influential in Philosophy, Anthropology, Archaeology, Literature and Religious studies. Class will focus on Jung's ideas to access the wisdom of dreams.

Thursday Classes

H39 The Battle for Australia in 1942-3 – This class offers an analysis of the causes, course and consequences of the Kokoda track campaign, including an evaluation of the controversies about personalities, strategy and tactics surrounding it.

H41 The Burma Railway – Learn and discuss the detail and circumstances in which Australians came to be prisoners of war. The role of outstanding personalities such as "Weary" Dunlop and the release and rehabilitation of the prisoners at war's end.

X97 Public Speaking – A participative course where people will firstly learn the key fundamentals of public speaking, learn practical tips and tricks from the Tutor's own experience.

K17 Creative Writing – Class will focus on the short story. The aim is to learn and improve in the craft of writing, develop ideas, produce content and critique work.

X119 Effective and Mutually Rewarding

Communication – One of the guidelines for Loving, Effective Communication suggests never to give unsolicited advice – or to passively receive it. This class will be looking at precisely this kind of guideline.

L61 Reading Melville's Moby-Dick – This course offers a guided reading of one of the great novels and wisdom books of the 19th Century.

E29 Climate Change, What is it and What should we do about it – This is an interactive course, enquiring into the problem of human induced climate change, using basic scientific concepts and discussing where our knowledge of the problem comes from and how the problem can be managed.

S23 A Guided Tour of Mathematics – Many people are uncomfortable with maths, associating it with the difficulties they encountered in school. However maths, taught from an adult perspective, is fun. Maths can be exciting and exhilarating, and not at all difficult.

S22 Understanding Science – Scientific inquiry has revolutionised the world we live in, and the many breakthroughs and discoveries that have been made are a source of endless fascination. There is so much to learn, and this class will attempt to make science accessible and enjoyable.

Friday Classes

E29 Climate Change, What is it and What should we do about it – This is an interactive course, enquiring into the problem of human induced climate change, using basic scientific concepts and discussing where our knowledge of the problem comes from and how the problem can be managed.

Logan District News

Welcome to Term 4. There are plenty of places left in the new classes: Cake Decorating, Family History Research, and an introduction to acting called 'Curtain Up' that should release our inner drama queen. New levels of Spanish are also on offer at Beenleigh. Very few of our continuing classes are full, so anyone interested in joining a class will find it worthwhile contacting the tutor.

Logan U3A has a large display at the Browns Plains

Library until the end of October. It features pieces from Eileen's Creative Writing class and artwork from Tatiana's Drawing and Painting students. Worth a visit. Our popular annual Christmas party will be on Thursday 8th December with a \$5 cold lunch and lots of free fun and friendship. It is an opportunity to catch up with old classmates and a good way to end the year. Hope you can come.

We plan to have a huge Open Day in January, where the public will be invited to learn more about U3A and members can either enrol or possibly renew their subscriptions. We hope all the Logan subjects will be represented at tables where tutors and students can chat with the public and tell them what they do. We hope to encourage more people in the community to take advantage of the friendship and new experiences that U3A offers.

Use of an exciting new venue is being negotiated for next year with Elements Living in Dennis Road, Springwood. Some U3A members live at Elements and encouraged management to offer their brand new and very well-equipped Community Centre as a venue for U3A. The Logan district committee are sure we can place classes and activities there that will interest Elements residents. It seems likely that we will be able to use this pleasant new venue in the Springwood/Daisy Hill area and members can look forward to meeting the people who reside there. We had an opportunity to display promotional material at the Grand Opening of this space on 1st October.

Six tips for becoming a senior entrepreneur

Article provided by Darren Titmus,

LIZA Tutor & Principal of Financial Planning Old

U3A Tutor & Principal of Financial Planning Qld

Retirement is not a destination, it's another stage in life's journey—and that's never been truer than today, as many over-50s are rejecting the quiet life and starting their own businesses.

Do you want to do the same? Groups such as Elderberry,

SeniorPreneurs Foundation,

The Seniorpreneurs Network,

National Seniors and

OverSixty have sprung up to help you get started and connect with others on the same path.

"You have to find your purpose—what you're here for, know yourself and follow that," Elderberry's Suzie Graham says. "Being involved, creating something new

and giving back gives you fresh energy and purpose. No one should be defined by their age."

That's exactly what Suzie has done, leaving her previous role two years ago to go out on her own. She is passionate about helping people cope with change, especially keeping up with the digital age.

She is now involved in a number of projects, including being a board member of Vibewire, a mentor at Elderberry, a co-founder and director of One Million Acts of Innovation Australia, a founding trustee of The Awesome Foundation Sydney and a change consultant to charitable foundations.

Not ready to retire to the armchair yet either? Here are some tips from Suzie for becoming an entrepreneur.

1. Do what you love...

"Whatever you love doing, find a way to be involved in that, at whatever level," she says. "If it interests you, it won't feel like work, it will be your passion. If you follow that, you will reap the rewards financially, mentally and emotionally."

2. Seek out a community of like-minded people...

"Find people who share your interests, no matter what age they are," she says.

"Bouncing ideas off people you trust and others with experience in areas you may not know well can lift your idea off the drawing board and into reality. Use places such as <u>Hub Australia</u>, a co-working community for small businesses".

3. Start small and work up...

Suzie has launched a number of ventures by taking small steps and testing along the way to see if the idea works.

"That way you can adjust your idea quickly as you learn what your market wants and if you fail, the cost is kept low and you can move quickly to the next project idea," she explains. "You also shouldn't risk everything on the one idea."

4. Go digital and use social media...

"It's not just that everybody's on the internet—the whole of your business is going to be run on a digital platform," Suzie says.

"The online world offers a wonderful way to get your messages out and to find and work with everyone from suppliers to customers and colleagues. It's also the only efficient way to keep track of what your customers are saying about you and the market you are in.

"The importance of this form of business and marketing communication can't be understated for a start-up—it's how you engage in online conversations to find out

what customers are looking for and build your new community."

5. Explore new funding sources...

This means connecting with incubators, which help start-up companies by providing services such as management training or office space; sourcing investment funding from groups such as <u>Pollenizer</u> and even exploring crowd-sourcing—soliciting money from a large group of people, usually online.

6. Organise your finances...

This is critical for anyone starting out in business, no matter what your age. Though it becomes even more important when your savings are on the line and your earning prospects are diminishing. There may also be tax implications that affect your government entitlements.

"People like Brendan Ryan at <u>entitlemate</u> are tackling this whole area," Suzie says. "Brendan is working at consolidating all of the best financial information to make it easier for people to make decisions based on what their situation is."

Whatever your situation, speak to us to learn more about your retirement options.

For more information about retirement planning please feel free to contact Darren Titmus on 0466 934 574 or www.financialplanninggld.com.au

Online source: Produced by AMP Life Limited and published on 28 July 2015. Original article.

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U3A Walking Group

Back row, Left to Right: Bob Morris, Marianne Jones, June Phillips, Helen Royle, Madeleine Buckley, Alida Stanley, Mostyn Roocke, Carey Haydon, Mike Sherman, David Crane, Peter Scrine, and Rodney Eivers.

Front Row, Left to Right:

Lois, Dorothea Wilkinson, Carmel, Audrey Remanous, Ursula Allen, Hazel Eivers, Dulcie Haydon, June Morris, Diane Arapovic, Elizabeth Richards, Betty Bosworth. (7 not in this picture: Les, Robyn, Wendy, Maxine, Don, Jocelyn, Jean.)

Walking Group—Annual Camp Report from Dulcie & Carey Haydon

The 2016 annual U3A Camp in August was another success, with an increase to 29 members going all the way to Crows Nest Caravan Park in Cabin accommodation for 5 days.

The walks to Cascades, Kanyoo Pool, Crows Nest Falls, Koonin Lookout – with our BYO morning teas -were enjoyed by all. Also our special morning at Toowoomba, Cobb &Co Museum, including their delicious scones. It was a little wet for the visit to Queen Park, but several of us braved the rain and enjoyed the trees and the flowers, which were starting to look grand for the Toowoomba Carnival.

Ravensbourne National Park was another day well spent, still the same as when we did it 9 years ago! Here was a 20 minute drive to Lake Cooby for a walk around the lake. We also visited Lakes Perseverance and Cressbrook for leisurely walks while watching the kangaroos on the waters' edge.

The last evening was at Crows Nest Hotel; with its country hospitality. Our thanks go to all for an excellent 4 day Program (even a couple of very cold nights turned into sunny walking-days).

Walking Group - Thank-You's

from June Morris

On behalf of the group, I express sincere thanks to Mike Sherman our camp leader, and to Dulcie and Carey for organising and sheep-dogging the walks; and again to Mike, Dulcie, Carey, Madeleine and Peter for the considerable time involved in research and planning, so that we all had a marvellous time.

Celebrate U3A Brisbane's 30-year Anniversary

Reserve your copy of our History

It is important for any organisation to record its history before it is forgotten. U3A Brisbane was formed in November 1986 and we will be celebrating the occasion of our 30th birthday by releasing a book covering the history of the last 30 years.



The book, FOREVER LEARNING – Celebrating 30 years of U3A Brisbane is now with the printer and will be launched at a gala event on 18th November. To ensure you obtain a copy, please pre-order as soon as possible. The cost has been kept at a very reasonable \$20 so as many members as possible can obtain a copy.

About the book

The book is 200 pages, with 18 chapters covering 30 years' history from the founding of U3A Brisbane in November 1986 up to the present day. It contains many colour photographs, artworks and illustrations gathered from the archives. This book should take pride of place on your bookshelf.

Ordering

To reserve your copy, please go to our website: https://www.u3abrisbane.org.au/index.php/bookreservation

or contact the office by email:

mail@u3abrisbane.org.au

or phone 3236 3055.

You only pay on delivery of your copy.

Creative Writing class wins awards:

There have been Creative Writing classes at U3A for the past six years at least. Most of the "students" have produced some stories or poems with which they are happy. Some students "go the extra mile", so to speak. These three in the photo have responded to the challenge of entering a competition to see how they 'stack up' against other writers. Guess what? They've won some awards.

Carolyn Coombes won 2nd prize for an article she wrote, Bernadette Saunders got a "highly commended" in the same competition, while Gretchen Winters got a "commended". All are first time winners. Oh, and by the way, their tutor, Thea Biesheuvel won the first prize for her article, a special mention for one poem and a "commended" for another poem. A wonderful example of a very productive classroom.

Seated L to R Carolyn Coombes, 2nd prize for the best article, Bernadette Saunders, Highly Commended. Standing L to R Gretchen Winters, Commended, Thea Biesheuvel, 1st Prize.



Social Committee Report

from Helen Dubois

Term 4 is now on us and I would swear that we had just finished last Christmas. The time has come for action if you wish to attend the Christmas Function which will be held at the Brisbane City Hall.

Details:

Date: Thursday November 24th 2016

Level 2 Ithaca Room Brisbane City Hall Venue:

Cost: \$60

Time: 11:30 for 12 noon

Guest Speaker: Rupert McCall, Poet and writer If your class does not have a table, just come and we will try to seat you with like-minded people.

Please see Page 3 of the Class Schedule for additional information. We look forward to welcoming you to the function.

Matilda the Musical: To those of you who purchased tickets to this musical the tickets are available to be picked up from the office at 97 Creek St. It would be useful if this could be done as soon as possible.

We will have tickets to **My Fair Lady** shortly. The show will be coming to Brisbane in 2017.

We hope you enjoy Term 4. There are many interesting classes available for you to attend.

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Presented by Jim Henry, former International Executive of the Australian Film Commission, The South Australian Film Corporation. A lecturer in Film and Television, he shows these six films and tells about his personal involvement. Offering unique insights in a series of lectures exclusive to students at U3A.

